

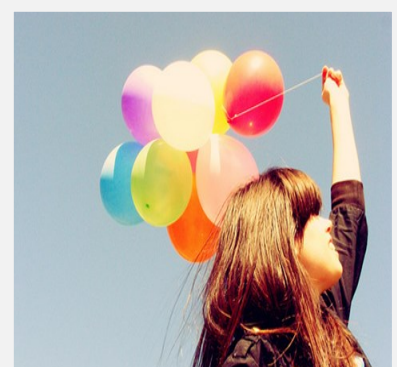


Youth Evaluation & Treatment Centers Valley Clinical Services Annual Report FY2015



Our Mission

Dedicated to partnering with youth and families in their community to provide knowledge, skills, independence and stability for a brighter future.





Letter from the Board Chair

Thank You, Gracias, Merci....

As Youth Evaluation and Treatment Centers (YETC) celebrates 41 years of service to our community, we are grateful for your continued support. Without the incredibly talented personnel, the wonderful families we serve and our community partners, we could not do what we do!

The world of behavioral health has been changing over the past few years and many providers have merged, been acquired, or closed their doors. However YETC is as relevant today as it was years ago.

The reason we remain relevant is because our services are evidence-based which means they have been researched and are subject to a fidelity model of delivery and outcomes, which is a natural part of the expectations when working with individuals and families. Fidelity to this evidence-based model is what sets YETC apart. We provide programs that abide by three elements: *exposure* which means that the quantity, frequency and number of strategies are offered in the recommended manner; *adherence* indicates that we have conformed to the actions and strategies necessary to support the standard as designed; and *quality of service* is where the level of effort and commitment of the participants is consistent with the goals of the service plans and program.

Our quality improvement program also sets us apart from other similar organizations because we pay attention to the trends in behavioral and physical health. We understand the need for and, perform direct and indirect observations of the clinical, family involvement, case management and coaching practice. Based on the observations we have written materials and training to further develop the talent and competency of our employees. Our Board also embraces leadership development. And we are proud to say that while our team composition changed significantly over this past year, we remained a constant companion to our families.

Our Board of Directors is very proud of our employees. Their care of the families is done with respect and integrity. We look forward to a bright future filled with continued growth and success. The team that lives and works at YETC is the best it has ever been. We thank those that came before, including the five previous CEOs and 14 Board Presidents that came before me.

Respectfully,

Javier Puig
YETC Board President

Specialty Program Snapshot

The Spectrum Specialty Team (SST)

- ◆ Works closely with children who have received a diagnosis of Autism Spectrum Disorder and their families.
- ◆ Specialized staff includes therapists, behavior coaches and family support partners (FSP), who provide interventions in the home, school and community.
- ◆ Snapshot of Success: Melissa* would become easily frustrated, not verbally communicate and “go into a full meltdown”, which included continuous jumping, screaming and crying, that could last an hour or more. She would also become aggressive toward herself and her mother, who felt helpless in identifying what had triggered the frustration of her 8 year old daughter. Within several weeks of working with the Spectrum Specialty Team, Melissa was able to begin building skills to find her voice and be able to communicate her feelings and needs to her family in a way never before experienced. Her mother, Julie*, reports that Melissa and the family are now able to spend more quality time together.



Intensive Outpatient Substance Abuse (IOPSA)



- ◆ The intensive group program serves 13-17 year olds with substance abuse issues.
- ◆ The program employs the evidence based approach titled, The Seven Challenges. Which focuses on creating an open environment for youth to be honest about what fuels their substance use without judgement or the requirement to be abstinent.
- ◆ Fiscal year 2015 demonstrated that 75% of youth discharged had achieved their treatment plan goals by eliminating substance use and learning to cope with triggers.
- ◆ Discharged youth also demonstrated harm reduction on 75% of measured scales on the Substance Abuse Subtle Screening Instrument.
- ◆ To meet the emerging need, the IOPSA program will be facilitated at the Tempe YETC location beginning October 2015. This will be the first time in program history that IOPSA groups will be facilitated at two locations!

Quality Assurance

Over the past year, the Quality Assurance (QA) Department has made many changes to improve the quality of care delivered by our teams.

Documentation standards and auditing procedures have been revised, trainings have been streamlined, and a variety of new projects have been implemented in collaboration with other departments to ensure staff are fully supported in meeting the highest standards of care. With these changes, the QA Department has created an *efficient monitoring system* and provided valuable feedback regarding service quality on both a program and individual staff level.

QA Improvement Highlights

The documentation auditing process for newly hired staff was reorganized to:

- *Efficiently and effectively train new hires on documentation standards and expectations

Following documentation training:

- *Staff is placed on the QA audit list to have all documentation reviewed, and
- *Staff is assigned to a member of the QA Department to be their direct contact for on-going.
- *Staff is expected to spend at least one hour per week in the QA Learning Center to work on documentation and receive assistance from the QA team

QA Results Highlights

Decrease in documentation errors

Reduction in length of time staff remain on QA audit list

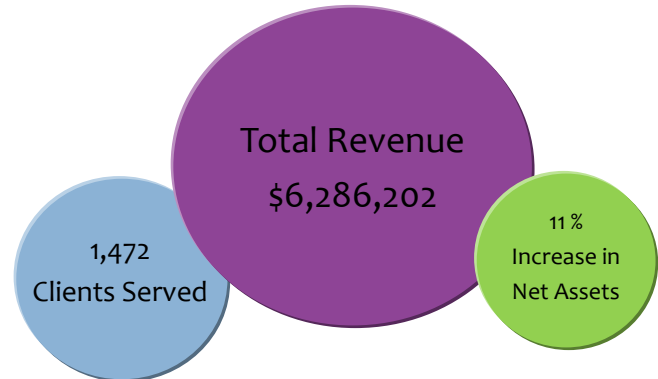
Mercy Maricopa Integrated Care Brief Practice Review Results:

- *95% of families/ caregivers felt that they were partners in planning services and that services were effective, helped their child be more successful in school, helped their child stay out of trouble, and strengthened families.
- *100% of families/ caregivers felt that YETC staff are respectful of their cultural traditions and preferences

FY2015 Financial Overview

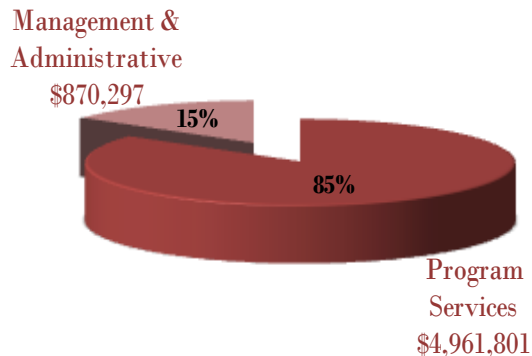
STATEMENTS OF ACTIVITIES AS OF JUNE 30, 2015

REVENUE & SUPPORT	6,286,202
Program Revenue	6,086,978
Other income	28,943
TOTAL EXPENSES	5,842,607
Program services	4,961,801
Management & Administrative	870,297



STATEMENT OF FINANCIAL POSITION AS OF JUNE 30, 2015

ASSETS	3,955,787
Current	3,478,495
Fixed Assets	423,978
Other	53,314
LIABILITIES & NET ASSETS	3,955,787
Liabilities	1,236,864
Current Liabilities	1,067,456
Long-Term Debt	169,408
Net Assets	2,718,923





Special Thank You!

On a special note, the Board would like to extend a much deserved thank you and express our gratitude to Linda Volhein for shepharding YETC through a difficult transition period. And perhaps most importantly the Board would like to thank the entire YETC family for their extraordinary work efforts, resiliency and commitment to our families and our agency.

YETC Board of Directors

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