



Youth Evaluation & Treatment Centers Valley Clinical Services

www.youthetc.org

Message from Leadership

"You can dream, create, design, and build the most wonderful idea in the world, but it requires people to make the dream a reality" – Walt Disney

Over 40 years ago, a visionary by name of Ron Peterson made his dream of helping families stay together a reality. It was from that point on that Youth Evaluation and Treatment Centers (YETC) set into motion a number programs and services focused on the emotional and mental well-being of children and their families. YETC has been fortunate to have had a number of passionate and dedicated leaders and staff that have carried on the agency mission and have cultivated YETC into what it is today.

Presently, Youth Evaluation and Treatment Centers is a comprehensive health agency for children and their families. Our services have impacted thousands of lives and are continually evolving to better meet the needs of those we serve.

Our Mission: YETC is dedicated to partnering with youth and families in their community to provide knowledge, skills, independence and stability for a brighter future.

Through state funding and the support of our community we are able to provide much needed care to those who may have not been able to afford it. In addition, we have also expanded our reach by opening a new division of YETC through our private practice, Valley Clinical Services. We attribute much of our growth and innovation in services to our most recent CEO, Jim Oleson. This past year, Jim

announced his retirement after 14 years of service to YETC. Under Mr. Oleson's leadership YETC remained at the forefront of system-wide changes and was successfully positioned for new and more advanced programs. Through Jim and those who led before him, our agency has continued it's mission for over four decades. YETC has become one of our valley's leading behavioral health organizations. The board has appointed Linda Volhein as Interim CEO .



Recruitment for a new Chief Executive Officer is scheduled to take place Spring of 2015. YETC has developed a team of passionate and skilled leaders and staff that we are certain will provide a greater impact on our community.

It is our goal to continue providing the highest quality of care to each individual (child or adult) that our agency touches. We believe like Walt Disney, that people are what makes dreams

like "keeping families together" , "creating healthier lives" and "building brighter futures" possible. Our Board of Directors, our staff, and people like you are what keep our mission going, our dreams alive and keep making them into a reality. We hope that you will take a few moments to learn more about all the amazing work our people at YETC are doing. We challenge you start the conversation about the importance of mental health and keep the conversation going.

Together, we can build a healthier community.

2014 Board of Directors

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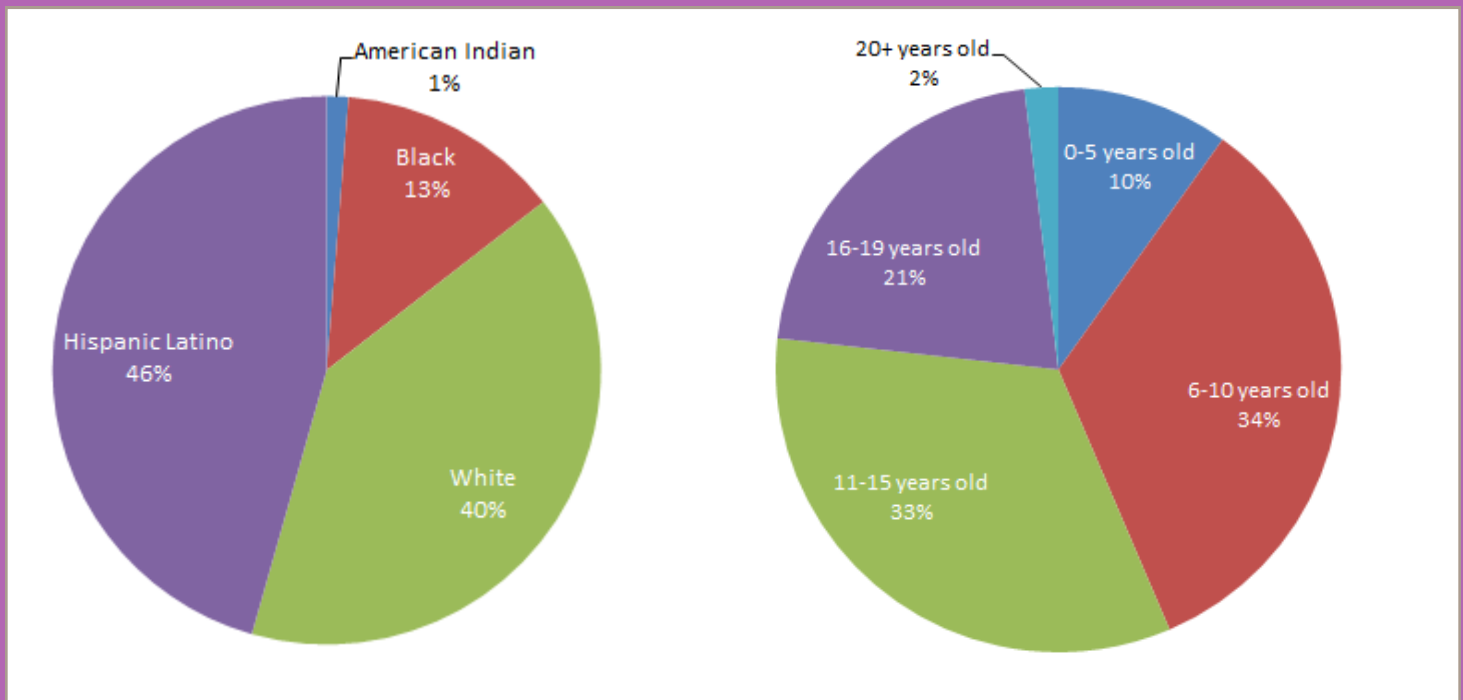
Milayne Cordova
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Jeremy Henson
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We believe a healthier family means a healthier community and that's why we are here. To keep families together and to offer support when it's needed the most. We are dedicated to partnering with youth and families to provide knowledge, skills, independence and stability for a brighter future.

Who We Serve

Number of people served in fiscal year 2014: 1,765



Making an Impact

96% of families/caregivers felt that all services and supports were respectful of their cultural traditions and preferences.

92% of the families/caregivers felt that services received had helped their child become more successful in progressing towards a successful adulthood.

91% of the families/caregivers felt that services received had helped their child be more successful in school and live more successfully with the family.

90% of the families/caregivers felt confident that their family and their child had been provided with the tools to avoid crisis situations.

90% of families/caregivers believe that the services they have received have strengthened their families when it comes to the day-to-day stresses we all face.

*Findings from annual survey

How We Serve our Community

Project Next Step:

- Meet Me Where I am Provider
- Family and Community Based Interventions
- Behavior Management
- Family Centered Services
- Crisis Intervention
- Advocacy
- Education Support
- Parenting Skills
- Conflict Resolution
- Communication Skills
- Independent Living Skills

Project STAR (Survivors of Trauma Adapting and Recovering)

- Trauma Specialty Program Designed to Meet the Needs of Children of All Ages Impacted by Personal Trauma.

Intensive Outpatient Substance Abuse Group Therapy:

- Seven Challenges Curriculum ©
- Group Therapy and Education
- Multi-Family Support and Therapy Weekly
- Individual and Family Counseling
- Structured Living Skills Enhancement Activities
- Clinical Services to include: Relapse Prevention, Family Dynamics and Family Matters

Outpatient Services:

- Individual and Family Centered Therapy
- Group Therapy
- Psychiatric Services Based on Individualized Needs of the Child and Family
- Child and Family Team Meetings
- Family Support Partners
- Community Referrals. Communication Skills, Parenting Skills, Independent Living Skills, Anger Management Skills, Self Esteem, Growth and Social Skills.

Specialty Spectrum Team:

- Treatment Model Based on DIRFloortime (DIR®)
- Psychological/Psychoeducational Evaluations for Autism and Mental Health Issues for Children and Adults
- Developmental Evaluations for Children Birth to 43 Months
- IEP, 504, and Accommodation Plan Advocacy and Support
- Therapeutic Services for Adults on the Autism Spectrum
- Functional Behavioral Analysis
- Sibling Support



The story of a young girl who found her voice and her forever family

Lily was only 10 years old when she came to YETC. Speaking to her, you would think you were talking with a young girl well into her teens. Lily had endured much in her young years so it made sense that she had to mature at a quicker pace than other children her age. Lily's childhood memories consisted of emotional trauma, abuse and numerous disappointments. Her mother battled alcoholism and drugs and as a result had her parental rights severed. This left Lily placed in various foster care homes and shelters for a number of years. Lily was a child under the care of Division of Child Safety and Family Services (formerly Child Protective Services). Lily's guardian connected her to therapeutic services within YETC and continued seeking out a permanent home for her.

Lily was placed in our care to help improve her emotional well-being. Our treatment for Lily began within our Project STAR (Survivors of Trauma Adapting and Recovering) program. Lily spent approximately a year in this program. Lily and her YETC therapist worked through her personal struggles through psychotherapy sessions, relationship building and working with her on developing coping skills. Lily's healing process led her to the transition into our Meet Me Where I am – Project Next Step Program. It was within this program that she was connected with our behavior coaches and together they worked on social skills, conflict resolution, education support and confidence building.

Behavior coach, Diane shared **"She just blossomed! She was beginning to conquer her own barriers and she was becoming an advocate for herself."** Lily began to attend her Child and Family Team meetings fully prepared with her own agenda and she was determined to find what was best for her and to find her forever family.

Lily, the once quiet and withdrawn young girl, was making friends at school, she was feeling more confident, and was learning to trust again. YETC connected her to opportunities where she could practice and utilize all the tools she had learned. Her favorite times became those moments where she could get out and socialize with others. YETC was able to send her to summer camp along with kids her age and she later shared it was her fondest memory.

It was a journey, but Lily was finally on the right path and in control of her future. As Lily's time with us came to a close, the moment she had been waiting so long for had finally come. Lily was going to be placed with a foster family! Her smile beamed as she spoke about the new couple she had recently met. At a follow up meeting, our staff had the opportunity to meet her along with her new parents. Lily's smile couldn't have been any bigger as she held tightly on the arms of her new mom and dad. She finally found what she had been hoping for all of her young life, her forever family.

*Names have been changed to protect the identity of our consumer.

STATEMENTS OF ACTIVITIES

FOR THE YEAR ENDED JUNE 30, 2014

REVENUE & SUPPORT

Contract fees for services	\$ 6,072,505
Private clinic service fees	213,507
Donated materials	14,058
Contributions/Other Income	12,106
Special events (net)	4,790
TOTAL	6,316,966

TOTAL EXPENSES

Program services	5,467,153
Management & Administrative	645,498
Fundraising	14,540
TOTAL	6,127,191

CHANGE IN NET ASSETS	189,775
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STATEMENT OF FINANCIAL POSITION

AS OF JUNE 30, 2014

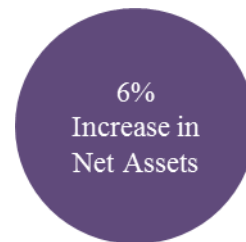
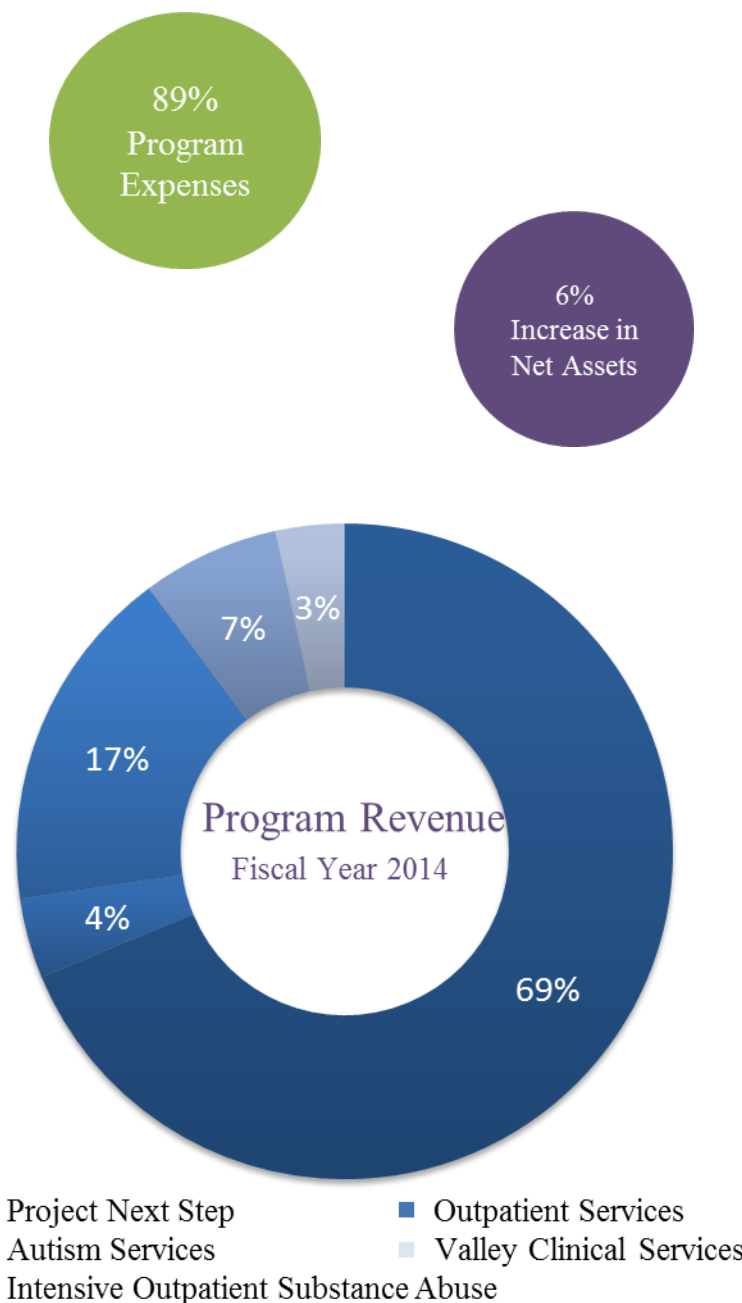
ASSETS

Current	\$ 2,706,512
Fixed Assets	478,336
Other	11,221
TOTAL	3,196,069

LIABILITIES & NET ASSETS

Liabilities	
Current Liabilities	573,626
Long-Term Debt	176,834
Total Liabilities	750,460

Net Assets	
Unrestricted Net Assets	2,441,449
Temp Restricted Net Assets	4,160
Total Net Assets	2,445,609
TOTAL	3,196,069





“Mom, I’m starting to feel!”

For some families, huge milestones are represented by moments that many other parents might take for granted and would likely not view as gifts. Such is the case with one young girl, “Melissa,” served by YETC’s Spectrum Specialty Program (SST), as described by therapist, Christina Moore.

Christina relates that several sessions ago, Melissa started having an outburst, as many children do who are on the Autism spectrum. During these outbursts she demonstrated that she would usually hit and/or kick her mom and that these bouts would last for a significant amount of time. During one particular occurrence Christina worked with Melissa on expressing herself in a different way. Christina’s goal was to get Melissa talking, yelling, screaming, getting out her emotions in a way that did not involve hitting or kicking or causing harm to herself. Soon enough, Melissa began screaming-from her gut! To many, this may have been alarming, but to our therapist, it was amazing and beautiful! And then...Melissa

screamed words! WORDS! Christina provided supportive validation and encouragement to Melissa, as they tried several other methods for her to express herself. Periodically, she would laugh a little and then catch herself. This time her outburst ONLY lasted 45 minutes. Her mom shared that this was the shortest time she had ever experienced. Additionally, her mom shared that prior to that day Melissa had never uttered a sound let alone a word during any of her meltdowns. Since then, her outburst have been very minimal and when she does start getting upset her mom is able to walk her through it. Melissa began asking questions about subjects that trigger FEELINGS! She told her mom..."Mom, I'm starting to feel!" For this family and the SST Program, this is MIRACLE level success! Melissa’s eyes have changed, her face has changed. You can see joy starting to blossom. It is a beautiful process to see a child come alive...just beautiful.

*Names have been changed to protect the identity of our consumer.

Thank You

We appreciate your in kind and financial contributions.

- | | | |
|---------------------------|-------------------------|---|
| * Aaron Wolfley | * Jeremy Henson | * Phoenix Suns |
| * Crate and Barrel | * Jen Hausmann | * Pointe Hilton at Squaw Peak |
| * Cynthia Garcia | * Jeremy Henson | * Southwest Institute of Natural Aesthetics |
| * Dana Spar | * Jolene and Rick Baney | * Stacey Novick |
| * Delbert and Maria Dilon | * Judith Burroughs | * Tony Sola |
| * Enterprise XL | * Marisold Greenwald | * Terry and Donna Hausman |
| * Erik Moerman | * Megan Gatlum | * Wayne Brummet |
| * Erin Jenkins | * Phoenix School of Law | |

Get Involved!

DONATE: In kind and financial contributions are greatly needed and welcomed. Visit our website to view our latest wish list! All donations are tax deductible.

VOLUNTEER: We are always seeking exceptional individuals to serve on our Board of Directors.

FUNDRAISING: We host 1-2 events annually. Please contact our Community Development office for more info on attending an event, volunteering or hosting a fundraiser of your own!



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