

▶ Mission

We are devoted to community well-being.
We walk beside our clients to inspire a healthy future.

▶ Vision

A quality future for the individuals we serve.

▶ Values

- Servant Leadership
- Professional Excellence
- Bold & Innovative



openhearts
family wellness

Business Innovation *focus*

For over forty years, we've touched the lives of thousands of children, families and adults to help them improve their health and quality of life.

Open Hearts Family Wellness serves people through the many stages of life.

We are true to our mission of holistic, quality services to support the well-being of our community.

Mental Health & Emotional Wellness

Life can get challenging,
We can help get life back on track.

Open Hearts Family Wellness is focused on high quality mental health and wellness.

Data driven to inform clinical practice, utilizing clinical models aimed at health outcomes.

Our values guide the service to our community. We demonstrate servant leadership by serving each and every person with dignity and respect. We lead with professional excellence to advance the quality of healthcare and the client experience.

We are bold and innovative in the strategy and design of forward thinking systems and technology.

We know that mental health and physical health are linked. Many serious health problems are preventable. Our team based care model addresses the complex, integrated and overlapping social and economic structures that influence the environment and entire family system.

“I have been to several places for help, Open Hearts changed everything. They really care and were there for me without fail.”

client testimony



What We Do

- Integrate Client Care With Primary Doctor
- Psychiatric Assessment & Diagnosis
- Medication Prescribing
- Substance Use Treatment
- Care Coordination
- Family Coaching & Support
- Wellness Coaching
- Living Skills Training
- Out Patient Counseling
- Specialized Treatment for:
- Witnessing Acts of Violence
- Relationships
- Adjustment
- Depression
- Trauma
- Stress
- Anxiety
- Anger
- Focus
- Grief

Purpose | Integrated | Strategic

We take pride in our name as a well-respected provider and leverage our core competencies to serve complex and challenging case situations. Our clients needs span the entire life span, and focus on effective, personalized care that builds trust while driving our strategic initiatives forward.



Contacts

General Information
Open Hearts Support
support@openheartsaz.org
602.285.5550